



Belt Info.

The belts to black belt are as follows:

Belt / Rank	Belt Color	Duration of time at that Rank
White Belt		3 months
Low Yellow		3 months
High Yellow (green stripe)		3 months
Low Green		3 months
High Green (blue stripe)		3 months
Low Blue		3 months
High Blue (red stripe)		3 months
Low Red		3 months
High Red (black stripes - 1 every 3 months)		9 months
1st Degree Black Belt		1 Year Minimum
2nd Degree Black Belt		2 Year Minimum

We test and promote students every 12 weeks. So, for example, White belts will be high yellow (green stripe) 6 months after their first day of class. Thank you.

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