

2006

Workshops with Master  
Stephen Kirby

# taekwondoNetwork

## Olympic Sparring



- ▶ **Chest Gear Provided**
- ▶ **Olympic Style Training**
- ▶ **Footwork Drills**
- ▶ **Scoring Requirements**
- ▶ **Tournament Rules**
- ▶ **Judging Instruction**

Free Olympic **DVD**  
VIDEO

Equipment Needed: Uniform, Headgear, Mouthpiece, Athletic Cup

Equipment Provided: Focus Pads, Chest Gear

[www.taekwondonetwork.com](http://www.taekwondonetwork.com)

