



## **Hanover Area Family YMCA** **SAFETY AWARENESS & SELF-DEFENSE**

THIS PROGRAM IS DESIGNED TO  
KEEP KIDS SAFE

Kids learn about **Stranger Danger, Gang Avoidance, Gun Avoidance, Drug Avoidance** and how to use the **911 system**. Confidence, self-esteem, and discipline will be emphasized. Become a **Black Belt !**

**Academic Achievement Awards** and much more.

**A BLACK BELT instructor teaches all classes on self-defense and SAFETY AWARENESS.**

# ► **Taekwondo & Safety Awareness**

REGISTRATION AND CLASS LOCATION : **Hanover Area Family YMCA**  
**500 N. George Street**  
**Hanover, PA 17331**

REGISTRATION BEGINS: (Classes each Friday) Starting Oct 7, 2005  
Registration during the first 3 Fridays of the session

**12 Week Session 7:15PM-8:15PM**

For Information Call : **Judith Kirby 314-265-6971**

Uniforms are available at the first class and throughout the course. All uniforms come with a white belt and we fit your child or teenager with the proper size. See your instructor for more about uniforms and equipment.