



## **YMCA of Reading & Berks County** **SAFETY AWARENESS & SELF-DEFENSE**

THIS PROGRAM IS DESIGNED TO KEEP KIDS SAFE

Kids learn about **Stranger Danger, Gang Avoidance, Gun Avoidance, Drug Avoidance** and how to use the **911** system. Confidence, self-esteem, and discipline will be emphasized. Become a **Black Belt** !

**Academic Achievement Awards** and much more !

**A BLACK BELT** instructor teaches all classes on self-defense and **SAFETY AWARENESS.**

## **► Taekwondo & Safety Awareness**

REGISTRATION AND CLASS LOCATION : **YMCA of Reading & Berks County**  
**632 Washington Street**  
**Reading, PA 19601**

REGISTRATION BEGINS: (Classes each Monday) **Starting Oct. 17, 2005**  
Registration during the first 3 Mondays of the session.  
**12 week sessions 6:30PM-7:30PM**

Call Mike at 610 - 378 - 4741 or Jessie at 610 -378 -4728  
for more information and registration fee.