



Workshops with Master Stephen Kirby

taekwondoNetwork

Techniques Help Kids STAY SAFE

8

We'll teach your kids 8 simple **TWIST AWAY** techniques designed to be simple and effective and give your kids a chance to get away from an abductor or bully.



8



1



2



7

TWIST AWAY



3



6



5



4



Great for Women & Children



www.taekwondonetwork.com



Available

